RNR™ therapy 2024 – 2025 Schedule

Experience Modules 1 – 7:

Each Module is a 12Hrs Course

Up to 10 participants for Individual Attention Modules 1 – 6: May be taken in any order

Prerequisite for Module 7: Modules 1 – 6

2024 Schedule:

October 19 & 20: RNR001.12.01: Module 1 of 7: 12Hr: Post/Ant: Thoracic, TFL, Shoulder, Diaphragm, Neck, SCM, Face & Platysma

<u>November 9 & 10:</u> RNR001.12.05: Module 5 of 7: 12Hr: Post/Ant: Sacrum, Coccyx, QL, Hyoid, 1-Minute Psoas Release & Tibialis Resist

December 14 & 15: RNR001.12.06: Module 6 of 7: 12Hr: Post/Ant: Rhomboids, Parasympathetic Strokes, Humeral Head, Coracoid, Pec m., Feet & Sinuses

2025 Schedule:

January 11 & 12: RNR001.12.07: Module 7 of 7: 12Hr: Post/Ant: Combine Module #1 through Module #6

January 25 & 26: RNR001.12.01: Module 1 of 7: 12Hr: Post/Ant: Thoracic, TFL, Shoulder, Diaphragm, Neck, SCM, Face & Platysma

February 8: 2Hr Self Massage: For Estheticians in Orlando, FL

<u>February 15 & 16:</u> RNR001.12.02: Module 2 of 7: 12Hr: Post/Ant: Erector Spinae, Arms, Legs, Inguinal Lig., Patella, Thoracic Outlet & TMJ

March 15 & 16: RNR001.12.03: Module 3 of 7: 12Hr: Post/Ant: Piriformis, Torso, Traps., Subscap., Vastus Med., Gastroc., Tibialis Ant.

<u>April 5 & 6</u>: RNR001.12.04: Module 4 of 7: 12Hr: Post/Ant: Upper Trap, Teres m., Carpal Tunnel, Elbow, Lower Leg & Retinaculae

<u>May 3 & 4:</u> RNR001.12.05: Module 5 of 7: 12Hr: Post/Ant: Sacrum, Coccyx, QL, Hyoid, 1-Minute Psoas Release & Tibialis Resist

<u>May 31 & June 1</u>: RNR001.12.06: Module 6 of 7: 12Hr: Post/Ant: Rhomboids, Parasympathetic Strokes, Humeral Head, Coracoid, Pec m., Feet & Sinuses

June 21 & 22: RNR001.12.07: Module 7 of 7: 12Hr: Post/Ant: Combine Module #1 through Module #6

Additional RNR™ therapy CE Courses

Do You Need Custom Courses? Let's Create What You Require! Ask About # of Hours: 3, 6, 8, 12, 16, 18 &/or More! (Investment Fees Will Vary Depending Upon Hours & Number of Participants.)

> Investment Fee per Module 12Hr Course: \$420.⁰⁰

Modules 1 – 7 Paid in Advance [may be taken at any time]: \$2,650.¹⁰⁰ [savings of \$290.¹⁰⁰] Any repeat course is only, once the initial fee is paid: \$150.¹⁰⁰

Created & Developed by: Laurel J. Freeman, B.A., LMT * MA7670/MM3449 Instructor Contact Information: 352.538.3400 * info@rnrtherapy.net * RNRtherapy.net

Look forward to seeing you!!!



Course Description & Learning Objectives:

Come experience RNR[™] therapy, a dynamic system that will change your life!!! This course is 88 percent "hands-on". RNR[™] therapy is easy to duplicate. This makes the routines fun and easy with profound results and is designed to create transformations with clients and yourself that have potentially long-lasting results in one session. The course is designed so that you have plenty of time to practice.

First, you will see a demonstration of the strokes being used for each routine. Each participant will experience from the instructor and/or the teaching assistant those strokes and then have time to practice with other participants what was just demonstrated.

After practicing the individual strokes, you will see a demonstration of a complete routine for a given section. Since you will be able to identify the strokes being used, you will then duplicate that routine with step-by-step instructions. Both the instructor and teaching assistant are available to assist each participant during practice.

With these quick, efficient, and easy additional routines, the goal is to have fun while utilizing new concepts that may be used immediately upon returning home with the same results as the instructor or teaching assistant.

In this course, participants will recognize when RNR[™] therapy is appropriate and how the RNR[™] therapy systems assist in reconnecting the neurotendinous organs. Because RNR[™] therapy is so versatile, it blends well with other modalities potentially increasing the total effectiveness of a given treatment and is perfect for "targeted" treatments.

What to Bring:

A table is more preferrable then using the floor or by putting chairs together; however, whichever you choose, please bring: 3 flat sheets (twin preferable), 1 fitted sheet, 1 pillow with case, 1 towel (24/30" x 30/48"), roll of paper towels for faces, hand sanitizer.

	Schedule of	f Course Days:	
Saturday:		Sunday:	
Registration:	9:30am	Sign in:	9:30am
Course begins:	10am – 6pm	Course resumes:	10am – 4pm
	Lunch each d	ay: 12 – 1pm	
	Includes 6 br	eaks: 10-minute	

Approved by:



RNR™ therapy, BOC AP#: P2686 is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (Ats). This program is eligible for a maximum of 12 Category A hours/CEUs. Ats should claim only those hours actually spent in the educational program.



NCBTMB: Provider #024315-00: Category A



CE Broker: Provider #50-1184: Ask About Approved States

<u>Cancellation Policy</u>: Full policy listed on the website. When RNR™ therapy course is provided by another organization, please adhere to their policies.